

Mental Health Services 2011

Inspection of 24-Hour Community Staffed Residences

EXECUTIVE CATCHMENT AREA	Dublin North
HSE AREA	Dublin North East
MENTAL HEALTH SERVICE INSPECTED	Dublin North
RESIDENCE INSPECTED	Carlton House
TOTAL NUMBER OF BEDS	10
TOTAL NUMBER OF RESIDENTS	10
NUMBER OF RESPITE BEDS (IF APPLICABLE)	0
TEAM RESPONSIBLE	Rehabilitation Team
DATE OF INSPECTION	Re-inspection 6 December 2011

Description

Service description

In July 2011, an inspection was carried out in Carlton House which highlighted a number of deficiencies in the residence. A re-inspection was conducted in December 2011 to establish what improvements had been carried out.

Profile of residents

The age profile of residents was from 30-56 years of age, with nine male and one female resident. Three residents had been admitted and two people discharged from the residence since the inspection of July 2011.

Care standards (based on Mental Health Commission- Quality Framework for Mental Health Services in Ireland 2007 and the 2008 inspection self-assessments)

Individual care and treatment plan

All residents whose clinical files were inspected had individual care plans.

Therapeutic services and programmes provided to address the needs of service users

Following the last inspection, a regular monthly meeting between staff of the residence and the day centre staff had been instituted for residents who attended this day centre.

How are residents facilitated in being actively involved in their own community, based on individual needs

The service had a people carrier car, but it was being repaired at the time of this re-inspection. A public bus service operated three times daily. Following the re-inspection, it was reported that the car had been repaired and was in use in the residence.

Do residents receive care and treatment in settings that are safe, well maintained and that respect right to dignity and privacy?

Some maintenance works had been carried out. The ceiling in the dining room and the laundry room had been re-painted and some chairs had been replaced. A smoking gazebo had been obtained from St. Ita's Hospital. The shower which had overflowed in July 2011 had not yet been repaired. A lock had been procured for the medication press. No works had been carried out on the flooring which was quite unsightly. Following the re-inspection, it was reported that new windows were in the process of being replaced and tenders had been sought for other maintenance works.

Staffing levels (full time in residence)

STAFF DISCIPLINE		DAY WTE	NIGHT WTE
Nursing	CNM2	1	Shared
	RPN	2	1
Care Staff		1	1

Team input (sessional)

DISCIPLINE	NUMBER OF SESSIONS
Consultant psychiatrist	3 hours monthly
NCHD	1 day per week or as required
Occupational therapist	Currently on extended leave
Social worker	Post now vacant
Clinical psychologist	0

Describe team input

An additional RPN had been appointed to work five days per week following the last inspection.

Financial arrangements

Eight residents had personal bank accounts.

Conclusion

Some maintenance works had been carried out since the inspection of July 2011, but much remained to be done. The residence was still in need of re-painting, and no blinds or curtains had been replaced. The appointment of an additional nurse to work five days per week was welcome, but the lack of a social worker and psychologist and the absence of the occupational therapist on leave meant that the rehabilitation team was severely depleted.

Recommendations and areas for development

1. All maintenance works should be carried out.
2. The shower on the first floor should be repaired.
3. The rehabilitation team should be adequately resourced to provide the skill mix for a comprehensive rehabilitation programme.